

# Patient Empowerment

## I AM MORE THAN MY HEALTH CONDITION



### MY NEEDS

I am empowered because I have access to resources and information that help me identify my needs and figure out how my care should address my needs.



### MY CHOICES

I am empowered because I use and enforce my right to be a decision-maker as it relates to my health and treatment options.



### MY VOICE

I am empowered by the education that patient organizations like NephCure provides. This allows my voice to be amplified and to become a part of a more significant change in health outcomes.



### MY EXPERTISE

I am empowered because my expertise in living with a rare disease is valuable. I know my journey is powerful and has meaning.



### MY VALUES

I am empowered because I know health equity means having access to the medical care I deserve. Healthcare should NOT be a privilege for some. All people should receive the same access to care so that we can have healthier individuals and communities.



**Neph**  
 **ure** for Rare  
Kidney  
Disease

[www.NephCure.org](http://www.NephCure.org)