## What is CLINICAL RESEARCH?

Clinical research is a branch of healthcare science that determines the safety and effectiveness of treatments intended for human use. They can be used to study prevention, treatments, diagnoses or relieving symptoms of a disease.

# Clinical research has led to EVERY disease treatment prescribed by doctors today!

### What are the types of clinical research?

Observational Studies do not test new drugs or treatments. In observational studies, doctors and researchers analyze health data to find links between a diagnosis and specific health conditions.

Clinical Trials test new ways to prevent, detect or treat diseases. Treatments may be new drugs, combinations of drugs, surgical procedures or medical devices.

The goal of clinical trials is to determine if new treatment options are **safe and effective** before they are provided for patient use.

## Myth - There's no reason for me to participate in a clinical trial

#### There are benefits to clinical trials!

- You have the opportunity to receive the newest treatment available!
- You get to receive extra care and attention from the clinical trial doctors and staff.
- Clinical trials offer hope and an opportunity to help in finding better treatments for you and others.

#### Myth - Clinical trials are NOT safe!

There has been a complicated history with patients, clinical trials and studies. We are listening to patients, specifically patients of color, to help address your understandable concerns. We can assist you in:

- Learning all the details, understanding the terminology, and finding the facts about clinical trials.
- Educating you and reviewing informed consent documents for you to sign.
- Explaining the protocols that have been put in place to prevent historic violations of trust from happening again.

# Myth - Participating in a clinical trial won't make a difference

#### Yes, it does!!!

ALL advances in treating diseases have only been made possible because of volunteer participants. To have better treatments in protein-spilling diseases, researchers rely on the participation of patients like you!

INFORMED CONSENT
IS THE MOST
IMPORTANT SAFETY
GUIDELINE IN A
CLINICAL TRIAL!
THIS CONSENT
PROTECTS YOUR
CONFIDENTIALITY
AND GIVES YOU THE
RIGHT TO WITHDRAW
FROM THE STUDY AT
ANY TIME!

