How to: Meeting with your legislators

☐ Request a meeting
  ✓ Identify your senators and representative - http://www.house.gov/representatives/find/
http://www.senate.gov/senators/contact/
  ✓ Assemble a team to participate - invite family members, friends, or other patient families in your area
  ✓ Call the office and ask for the best way to schedule a local meeting
  ✓ Email the scheduler your request
  ✓ Check up on your request every 2-3 days

☐ Prepare for your meeting
  ✓ Review the provided materials - NKI has prepared some talking points for you as well as detailed information to leave behind after your meeting
  ✓ Plan to tell your story - how has Nephrotic Syndrome affected you? You may want to create a written version of your story with pictures to leave behind. Remember: you are the expert on your experience!
  ✓ Plan a strategy with your team - Who will speak about what? In which order?
How to: Meeting with your legislators
(continued)

☐ Conduct meeting
  ✓ Etiquette
    - Arrive on time
    - Assume a 15 minute meeting
    - Listen to your legislator or their staff
    - Stick to the agenda
  ✓ Structure
    - Introduce team members
    - Introduce NKI
    - Explain purpose of meeting
    - Address each “Ask.” – why we need their support.
    - (See detailed talking points provided)

☐ Follow up
  ✓ Send thank you emails to whomever you met with – this helps form important relationships.
  ✓ When future advocacy action alerts are released, you will already have someone in the office to contact!

☐ Report back to NKI
Your meetings will inform future advocacy efforts
  The NKI team can:
    - Provide additional information
    - Follow up in DC if appropriate
    - Track champions for legislative work