



How to: Meeting with your legislators

❑ Request a meeting

- ✓ Identify your senators and representative -
<http://www.house.gov/representatives/find/>
<http://www.senate.gov/senators/contact/>
- ✓ Assemble a team to participate - invite family members, friends, or other patient families in your area
- ✓ Call the office and ask for the best way to schedule a local meeting
- ✓ Email the scheduler your request
- ✓ Check up on your request every 2-3 days

❑ Prepare for your meeting

- ✓ Review the provided materials - NKI has prepared some talking points for you as well as detailed information to leave behind after your meeting
- ✓ Plan to tell your story - how has Nephrotic Syndrome affected you? You may want to create a written version of your story with pictures to leave behind.
Remember: you are the expert on your experience!
- ✓ Plan a strategy with your team - Who will speak about what? In which order?

How to: Meeting with your legislators (continued)



❑ Conduct meeting

✓ Etiquette

Arrive on time

Assume a 15 minute meeting

Listen to your legislator or their staff

Stick to the agenda

✓ Structure

Introduce team members

Introduce NKI

Explain purpose of meeting

Address each “Ask.” – why we need their support.

(See detailed talking points provided)

❑ Follow up

✓ Send thank you emails to whomever you met with – this helps form important relationships.

✓ When future advocacy action alerts are released, you will already have someone in the office to contact!

❑ Report back to NKI

Your meetings will inform future advocacy efforts

The NKI team can:

-Provide additional information

-Follow up in DC if appropriate

-Track champions for legislative work